



Polk United Nutrition and Physical Activity Committee
5-31-2019
8:30 AM Conference Room C Polk County Gov. Center

www.polkunited.org

100 Polk County Plaza, Suite 180 Balsam Lake, WI 54810

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AGENDA ITEM	NOTES	ACTION ITEMS/PERSON(S) RESPONSIBLE
Welcome / Introduction	<p>Attendees: Kerry Hill, Katie Bartko, Sarah Johnson , Don Wortham, Jackie Ouellete</p> <p>On Phone: Katy Ellefson, Deanna Nelson, Wendie Schoeb</p>	
Polk United	Members are excited about the new direction and feel that there was a lot of positive energy after the last Polk United meeting. Don summarized this and provided meeting minutes.	Remind organizations to get any promotional flyers that they would like to share at the Polk County Fair to the Health Department so they can share at the Polk United booth.
Membership	Don discussed how community education partnerships would be helpful. They often times would love to do more but are also limited/over-extended with their time already. Don has been meeting with some of these individuals.	Chelsea will get Don an email contact of someone she think would be a good fit for the physical activity work group.
Nutrition Work Plan	<p>Farmers Market Promotion:</p> <ul style="list-style-type: none"> • Power of Produce- Farmer’s Market coalition will meet with UW-Stout dietetic student on Monday (6/3/19) to review plan for PoP program. Amery Regional is providing funding, along with donation from United Way and Polk United if needed. Ordered \$2 tokens for kids to use on produce at the Farmer’s Market. Fun activities, recipes and taste test will be planned as well. • Farmer Stickers: Andrea finalizing design and will get printed. • Extension produce book: Katie reached out to the State to see where they are on translations of the booklets. It should be ready shortly. • Harvest of the Month: Feel it might be difficult to add more months to Osceola with school being out for the summer, unless we want to go further into the winter months. UW-Extension will 	<p>Andrea will distribute stickers to the farmers’ markets when completed.</p> <p>Katie will provide booklets when translation completed.</p> <p>Chelsea will contact individuals in SCF to initiate Harvest of the Month pilot there.</p> <p>Chelsea will continue to work on HOM outline for</p>

	<p>be working with Clayton, Frederic, Luck and Unity this year, so recommend working with schools other than those. St. Croix Falls might be a good school to pilot with. Fit Families Story Hour: No update</p> <ul style="list-style-type: none"> • School Wellness Assessment Survey: No update 	implementation.
Roundtable Sharing	<ul style="list-style-type: none"> • Amery is working on their Veggie RX- \$10 voucher for kids to use on produce at their local grocery store. Katy also discussed that she received grant funding to implement “Cooking Matters” pilot program which teaches low-income participants how to cook on a budget. This is a 6-week program and participants must meet low-income guidelines and 50% of participants must have children ages 0-5. Would be able to work with Headstart and WIC to find interested individuals. She will be working with the Farm Table Foundation on this. Other barriers to get participants to attend might be child care or transportation so she is hoping to use funding to help solve these issues. • SCRMC was happy to report that they were able to get a referral added to their EMR that will address food insecurity and will work with Second Harvest on this. • OMC- Chelsea still have funding from a previous grant to see six more children for the Right Step program, a program designed to help children with weight management. They will be marketing this to see if they can find interested families. • The Salvation Army will be having a fundraiser next Friday in Amery to help raise money for the Backpack Program. • UW-Extension will continue to work with Unity High School to offer a strength and conditioning class. • Request for “Power Up” type programming to be shared with individuals who participate in the Special Olympics. 	
Next Steps	Next Meeting: Next NPA meeting will be Friday, July 26 th from 9-10:30	