



**Polk United Nutrition and Physical Activity (NPA) Workgroup**  
**1-17-2020**  
**9am -10:30am East Conference Room**

www.polkunitied.org

100 Polk County Plaza, Suite 180 Balsam Lake, WI 54810

Phone 715-485-8517 FAX 715-485-8501

AGENDA ITEM	NOTES	ACTION ITEMS/PERSON(S) RESPONSIBLE
Welcome / Introduction	<b>Attendees:</b> Katie B., Don W., Chelsea O., Kerry H., Elizabeth H.	
Set Regular Meeting Date	After discussion it was decided the <b>2<sup>nd</sup> Friday of the Month 9-10:30am</b>	<b>Action Item:</b> Please mark your calendars for the <b>2<sup>nd</sup> Friday every month for NPA Meetings.</b>
Polk United Update	The new Community Health Improvement Plan (CHIP) is complete please read through it and share widely.	<b>Action Item:</b> Please add the CHIP to your websites to download and print click <a href="#">HERE</a> . If you need printed copies please reach out to Elizabeth Hagen at 715-485-8517 or <a href="mailto:elizabeth.hagen@co.polk.wi.us">elizabeth.hagen@co.polk.wi.us</a>
Partner Update and Sharing	<p>There is a new partner update that will be sent out via email on Odd number months (Jan, March, May etc.) This will help Polk United as a whole keep track of the great things everyone in the county is doing. The Polk United Coordinator, Elizabeth Hagen will be using this into to create a Polk United Newsletter that will be distributed on Even Months (Feb., April, June, Etc. )</p> <p>Katie B – Foodwise is doing cooking matters classes for low income families, partnering with Headstart and WIC (Women, Infants, and Children)</p> <p>Chelsea O. – OMC has a Get Fit for Life program (6wks) with 11 people enrolled, Chelsea is hoping to work on healthier options at the Acorn Grill at OMC, OMC has a new Intensive Behavioral Therapy program for clients that have BMI over 30 who are on Medicare.</p>	Keep an eye out for the email and fill out the short survey. Also please send any feedback about the survey to <a href="mailto:Elizabeth.hagen@co.polk.wi.us">Elizabeth.hagen@co.polk.wi.us</a>
Activity Level Next Steps for NPA Objectives	Discussion around Power of Produce: Katie B will reach out to Stout about letting Dietetics students know about an internship/community hour's opportunity in Polk County.	If you are interested in the Farmers Market Initiative the February meeting will be focused on this so please join us!

	<p>Fit Families – Elizabeth Hagen will reach out to Karli about potential programing this year.</p> <p>Physical Activity: Don brought a platform that could help with the scheduling, promoting, and organizing events for Polk Untied.</p>	<p>Action Item: Don will reach out to his contacts about potential cost for the platform and Elizabeth will work to write the potential costs into new grant.</p>
Next Meeting	February 14 <sup>th</sup> 9am -10:30am at 100 Polk County Plaza Balsam Lake WI 54810 Conference Room AB	